



Nutrition Society of Sri Lanka
Annual Scientific Sessions 2027
23rd & 24th January 2027, Colombo

Shaping the Future of Nutrition Science: From Precision Discovery to Public Health Impact

ABSTRACT SUBMISSION GUIDELINES FOR AUTHORS

Abstract Categories

- Clinical Nutrition & Dietetics
- Public Health & Community Nutrition
- Nutrition in Lifecycle
- Food & Nutrition
- Functional Foods & Nutraceuticals
- Nutrigenetics & Nutrigenomics
- Food Security & Food Safety
- Sports & Exercise Nutrition
- Nutrition in Communicable & Non-communicable Diseases
- Technological Innovation in Nutrition

General Guidelines

- Abstracts may be accepted for either **oral** or **poster** presentation.
- The Scientific Committee reserves the right to make the final decision on the mode of presentation based on the reviewers' recommendations.
- Oral presentations will be allocated **8 minutes** for presentation followed by **2 minutes** for discussion.
- Authors of accepted abstracts will be invited to present their work at the NSSL Annual Scientific Sessions 2027.
- Abstracts of all accepted presentations will be published in the Conference Proceedings.
- Abstract submissions will be accepted until **1 October 2026**.
- Abstract submission is open to both **members and non-members of NSSL**.
- The presenting author must register for the Annual Scientific Sessions.
- If the designated presenting author is unable to attend, one of the co-authors must present the paper at the allocated date and time.
- Failure to present an accepted paper will result in all authors of that paper being ineligible to submit papers at the NSSL Annual Scientific Sessions for **three (3) years**.

Guidelines for Preparation and Submission of Abstracts

1. Title Page (Page 1)

Include the following information on the title page only:

- Title of the abstract.
- Names of all authors (surname preceded by initials only; do not use titles such as Dr., Prof., or Mr./Ms.).
- The principal author should be listed first. The order of authors will be published exactly as submitted.
- Underline the presenting author's name in the author list.
- Institutional affiliation(s) of all authors. If authors are from different institutions, identify each author using superscript numbers corresponding to their respective affiliations.
- Details of the corresponding author, including:
 - Name of the corresponding author
 - Postal address
 - Mobile number
 - Email address

Ethical and Authorship Requirements

- Research involving human participants or animals must have obtained appropriate ethical approval.
- Authorship should comply with internationally accepted authorship guidelines.
- The work must be original. If any part of the work has been previously presented or published, this must be clearly disclosed at the time of submission.

2. Abstract (Page 2)

The second page should contain only the title and the abstract text. Do not include author names or institutional affiliations.

Format

- Title: 80 – 100 characters, concise and descriptive. Use sentence case (capitalize only the first word and proper nouns).
- Maximum length: **300 words** (excluding the title).
- Font: **Calibri**, size **11 pt**, single (1.5) line spacing. The title should be **bold**, using the same font size.

Structure

- The abstract should be written as a single paragraph (maximum **300 words**) and should include the following components in sequence: **Introduction, Objective(s), Design, Setting and Methods (including statistical methods, where appropriate), Results, and Conclusions**. Do not use section headings.
- Case reports should be organised like: **Introduction, Case Report, Discussion**.

Additional Requirements

- Include a maximum of **five (5) keywords**, arranged in alphabetical order.
- Do not include tables, figures, graphs, or references.
- Use SI units and standard abbreviations throughout.
- Do not include statements such as "Results will be discussed" or similar.
- Acknowledgements should be limited to funding or sponsorship and written as: *"Financial assistance by [Agency/Institution] for Research Grant No. [Number] is gratefully acknowledged."*
- Proofread the abstract carefully before submission.

3. Submission and Review

- Submit all required documents as Microsoft Word (doc/docx) files.
- Submission deadline: **1 October 2026**.
- Email submissions to: nssl.sessions.2027@gmail.com
- An acknowledgement of receipt will be sent to the corresponding author.
- The outcome of the peer-review process will be communicated to the corresponding author by **10 December 2026**.
- The reviewers' decision is final. Any revisions requested by the reviewers must be completed before the abstract is accepted.
- Once an abstract has been accepted, changes to the list or order of authors will not be permitted.

4. Further Information

For further information, please visit the NSSL website: <https://nutritionofsri Lanka.org/> or contact:

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