



Nutrition Society of Sri Lanka (NSSL) Presents

Annual Scientific Sessions - 2025

18th & 19th January 2025 at BMICH, Colombo

“Empowering Communities through Advanced Nutrition and Health Literacy”

Nutri-Quiz Competition - 2025

Guidelines

- **Eligibility:** Undergraduates interested in Human Nutrition of the State and non-state Universities in Sri Lanka.
- **Structure of the competition:** The competition consists of three rounds.

Round I - This will be one-hour test with 60 MCQs. The test will be held on **14th November 2024 Online**

Round II - This will be 40 min test with 40 MCQs. The test will be held on **12th December 2024 online**

Participants can sit for the test online/ remotely from any preferred location via a suitable device. Participants are expected to abide by the rules and regulations pertinent to the online test. **Further details and exact time of the online test will be informed to the registrations in due course via email.**

All participants will be ranked based on marks obtained for the Round I test and those who score above a cutoff mark will be chosen for the Round II of the competition. The cutoff mark will be decided by an evaluation panel appointed by

the NSSL. Finally, the 10 best students who achieve highest markers at the Round II will be chosen for the Round III of the competition.

Round III - Round III of the quiz will be conducted as a live competition for selected registrants, in **January 19th, the second day of the Annual Scientific Sessions of Nutrition society of Sri Lanka, in BMICH, Colombo**. Further details will be notified to the eligible candidates.

- **Examination questions and related activities:** The questions and related activities of the competition (Round I, II AND III) encompasses core areas of nutrition such as Human Nutrition, Food and Nutrition, Public Health Nutrition, Dietetics, Clinical Nutrition, Biochemistry, Human physiology and Human Biology. Questions are designed to test the participant's knowledge, skills and the ability to apply nutrition knowledge.
- **Registration:** Participants can register online (see flyer) for free. A participant can register only once.
- **Awards and certificates:**
Champion: **Gold medal and a certificate**
1st runner-up - **Silver medal and a certificate**
2nd runner-up - **Bronze medal and a certificate**
Merit award certificates to all stage III participants

For More Information, Please Contact

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Empowering Health through Sustainable Nutrition