The Nutrition Society of Sri Lanka

Annual Scientific Sessions – 2024

20th & 21st January 2024 at Colombo

"Towards health & wellness with personalized nutrition in a challenging era""

ABSTRACT SUBMISSION GUIDELINES FOR AUTHORS

Abstract Categories

- Clinical Nutrition & Dietetics
- Public Health & Community Nutrition
- Nutrition in Lifecycle
- Functional Foods & Nutraceuticals
- Nutrigenetics & Nutrigenomics
- Gut microbiome in Health and Disease
- Food Security & Food Safety
- Sports & Exercise Nutrition
- Nutrition in Communicable & Non-communicable Diseases

General Guidelines

- Presentations can be either in oral or flash talk form.
- The council reserves the right to a final decision based on the reviewers' comments.
- **Oral presentations** will be given **eight (08) minutes** for presentation and two (02) minutes for discussion.
- **Poster presentations** will be given **three (03) minutes** for the presentation and two (02) minutes for the discussion.
- Presenting authors of the selected abstracts will be invited to present their abstracts at the Annual Sessions.
- Please note that abstracts of all presentations will be published in the proceedings.
- Abstract submission is open until **5th October 2023.**
- **Please note that abstract submission is not limited to members of NSSL.**

- **The presenting author must register for the sessions.** Presenting author (in his/her inability to attend one of the other authors) should be present on the date of the presentation at the allocated time for their presentation. Failure to present the paper will lead to all the authors of that particular paper being barred from submitting and presenting papers at the Annual Scientific Sessions of NSSL for 3 years.

Guidelines for Preparation of the Abstracts

First Page (Title Page)

- Name(s) of the author(s) and place(s) where research has been carried out with the title of the abstract should be given on the title page. Authors' surname should be preceded by the initial(s) but not by prefixes such as Mr. or Dr. or Prof.

- The name of the principal author should be stated first. Authors' names will be published in the abstract book in the order submitted by the principal author. The name of the presenting author should be underlined.

- The contact details of the corresponding author (postal address, mobile number, email address) should be included as all correspondence will be addressed to the corresponding author.

- Address: The address of the institution in which the work was carried out should be included. If the collaborators are from different institutions, their institutional affiliations have to be mentioned below the list of authors identifying each author with a number in superscript after the name and the same number in superscript before the name of the institution.

- Ethical approval needs to be obtained for the research conducted on human study participants/animal studies. Authorship should follow international standards. It should not have been submitted elsewhere in its current format, and if the content has been submitted elsewhere, it should be stated within the text.

Second Page

- The abstract must report the results of the original research.
- The abstract page should carry only the title and the text. (It should not contain the Name(s) of the author(s) and place(s) where research has been carried out)
- **Title:** The title should be brief, but sufficiently descriptive of the study reported (80 – 100 characters).
- Capital letters should be used only for the first letter in the first word in the title and proper nouns.
- The abstract (excluding the title) should not exceed **300** words.

    It should be structured as far as possible into the following format
    I.   A brief introduction to indicate why the study was undertaken.
    II.   Objective(s)
    III. Design, setting and methods (include statistical methods where relevant)
    IV.   Results: Should not include tables and figures
    V.   Conclusions

- If Case Reports are submitted they should be structured as Introduction, Case report and Discussion.
- References should not be included.
- Where units are used, they should be in SI units, and abbreviation of units should follow standard practice.
- The Abstract must not contain statements such as "Results will be discussed".
- Acknowledgments: Should be restricted to Agencies/ Institutions providing funding or sponsorship and should be in the form, "Financial assistance by …….. for research grant (number) is acknowledged".
- **The decision of the reviewers will be final. All changes recommended by the reviewers should be made before the abstract is finally accepted**.
- Names of authors cannot be changed once it has been accepted for presentation.
- Manuscripts should be formatted in Times New Roman, font size 12, with double spacing and the title, should be in the same font size in bold type.
- The manuscript must be proofread by the author prior to submission.

All documents pertaining to the publication must be submitted on or before **5th of October 2023.**

Please send the word document of the abstracts to the following email: **nsslsessions2024@gmail.com**

The corresponding author will receive an acknowledgment via email and the final decision following the review process will be conveyed to the corresponding author **by November 2023.**

For more information Please Contact:

Conference Coordinator: 071 815 4005
Conference Chair: 077 703 0558