



Annual Scientific Sessions of The Nutrition Society of Sri Lanka
23rd - 24th January 2021
VIRTUAL CONFERENCE



DAY 1 : Saturday 23rd January 2021

Time	Event
8.30 a.m.	Lighting of oil lamp & National anthem
8.40 a.m.	Welcome Speech <i>Prof. Chandima Wickramatilake, President, NSSL</i>
8.50 a.m.	Address by the Chief Guest <i>Dr. Seetha Arambepola</i> Hon State Minister, State Ministry of Skills Development, Vocational Education, Research & Innovations
9.10 a.m.	Keynote Address <i>Dr. Angela de Silva</i> Regional Adviser, Nutrition and Health for Development, WHO Regional Office for South East Asia
9.55 a.m.	Presidential Address <i>Prof. Chandima Wickramatilake, President, NSSL</i>
10.15 a.m.	Vote of Thanks <i>Dr. Ananda Chandrasekara, Joint Secretary, NSSL</i>
10.20 a.m.	CULTURAL EVENT & COMFORT BREAK
10.30 a.m.	Symposium 1 Stimulants, Addictions & Behavioural Change in Nutrition Symposium Chair : <i>Dr. Dhammika Senanayake, Vice President, NSSL</i>
	Plenary Lecture Behavioural Change in Health & Nutrition <i>Dr. I. Harshani Rajapakse, Senior Lecturer, Department of Psychiatry, Faculty of Medicine, University of Ruhuna</i>

	<p>Symposium Lecture Dietary Supplements, Stimulants & Doping <i>Vidyajyothi Senior Prof. Arjuna. P. de Silva, Department of Medicine, Faculty of Medicine, University of Kelaniya</i></p>
	<p>Symposium Lecture Role of Public Sector in the Prevention of Addictions <i>Dr. Laknath Welagedara, Consultant Physician, Teaching Hospital Colombo South, Chairman, National Dangerous Drugs Control Board</i></p>
	<p>Panel Discussion</p>
11.40 a. m.	<p>Symposium 2 Role of Development Sector in Nutritional Wellbeing Session Chair: <i>Ms. R.P.M. Sandamali, Joint Secretary, NSSL</i></p>
	<p>Plenary Lecture Shared Vision in Policy Making for a Better Nutrition <i>Dr. Lakmini Magodaratne, Nutrition Division, Ministry of Health</i></p>
	<p>Symposium Lecture Community Empowerment: Are we on the Right Track? <i>Ms. Visakha Tillekeratne, Consultant Food Technologist and Nutrition Expert</i></p>
	<p>Symposium Lecture Scaling Up Multi Sectoral Nutrition <i>Ms. Dilka Peiris, Project Director, Scaling Up Nutrition People's Forum</i></p>
	<p>Panel Discussion</p>
12.50 p.m.	LUNCH BREAK
1.30 p.m.	<p>Flash Talks on Free Communications Session Chairs: <i>Dr. Champa Wijesighe, Ms. Hasanga Rathnayake, Ms. Eranga Silva, Council Member, NSSL</i></p>
3.30 p.m.	<p>End of the Day</p>
“TOGETHER WE BUILD A HEALTHY NATION WITH BETTER NUTRITION”	



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DAY 2 : Sunday 24th January 2021

Time	Event
8.30 a.m.	Symposium 3 Nutraceuticals in Nutrition Symposium Chair: <i>Dr. Ananda Chandrasekara, Joint Secretary, NSSL</i>
	Symposium Lecture Preclinical & Clinical Trials of Nutraceuticals for Diabetes <i>Professor Catherine B. Chan, Professor in Nutrition and Physiology, University of Alberta, Canada</i>
	Symposium Lecture Advances in Delivery Systems for Bioactives <i>Professor Ferral Temelli, Professor in Food Process Engineering, Department of Agricultural, Food and Nutritional Science, Agriculture/Forestry Centre, University of Alberta,, Canada</i>
	Panel Discussion
9.20 a.m.	Prof CC De Silva Memorial Lecture “Women & Diabetes : The Sri Lankan Perspectives for 21st Century” <i>Prof Chandrika N Wijeyaratne, The Vice Chancellor, University of Colombo</i>
10.20 a.m.	CULTURAL EVENT & COMFORT BREAK
10.35 a.m.	Oral Presentations on Free Communications Session Chairs: <i>Prof. Terrence Madhujith & Ms. Eranga Silva , Council Members, NSSL</i>
12.30 p.m.	LUNCH BREAK
1.00 p.m.	Symposium 4 Food & Nutrition in Natural Disasters Session Chair: <i>Prof. Anoma Chandrasekara, Council Member, NSSL</i>

	<p>Plenary Lecture Nutritional Challenges for Future Generations <i>Prof. Renuka Silva, Professor of Nutrition, Wayamba University of Sri Lanka</i></p>
	<p>Symposium Lecture Maternal & Childhood Nutrition in Natural Disasters <i>Senior Prof. Pujitha Wickramasinghe, Department of Paediatrics, Faculty of Medicine, University of Colombo</i></p>
	<p>Symposium Lecture Harnessing Biodiversity for Food & Nutrition <i>Dr. Gamini Samarasinghe, Additional Secretary, Ministry of Agriculture</i></p>
	<p>Panel Discussion</p>
2.15 p.m.	<p>Awards & Appreciations</p>
2.30 p.m.	<p>Closing Remarks <i>Prof. Terrence Madhujith, Conference Chair –Annual Scientific Sessions</i></p>
2.45 p.m.	<p>Annual General Meeting</p>
4.00 p.m.	<p>End of the day</p>
<p>“TOGETHER WE BUILD A HEALTHY NATION WITH BETTER NUTRITION”</p>	