

# “NutriCa” Arts Competition 2020



The Nutrition Society of Sri Lanka  
with Ministry of Education



The “NutriCa” arts competition will be conducted by The Nutrition Society of Sri Lanka (NSSL) in collaboration with the Ministry of Education (MOE). Nutrition is an important aspect of human life. Aim of this art competition is to make the school children aware of the value of mindful eating for a healthy life.

## **THEME: “Mindful eating for a healthy nation”**

The competition is open **for school children** under following categories.

**Category I:** Grade 1 to 5

**Category II:** Grade 6 to 9

**Category III:** Grade 10 to 13

**A Certificates & a Prize (gift pack) for Winners**

**1<sup>st</sup> place (Rs.6000.00 worth prize)**

**2<sup>nd</sup> place (Rs. 4500.00 worth prize)**

**3<sup>rd</sup> places (Rs.3500.00 worth prize)**

**10 merit places (Rs.2000.00 worth prizes)**

Winning paintings will be published in the NSSL and MOE websites and their publications.

### **Guidelines, terms and conditions**

- ✚ Artists should use A3 (11.7 x 16.5 inches) size drawing paper. Allowed painting media; pastel, water colours, poster colours and oil paints. **Digital drawings and collage arts will not be accepted.** All paintings should be under the theme of “Mindful eating for a healthy nation”.
- ✚ Following details should be included at the backside of the painting: title of your painting, full name, date of birth, age, personal address, telephone numbers, category, school and grade, the signature of a parent/guardian/class teacher/school principal to certify the authenticity of your painting.
- ✚ Please send a **scanned copy** (colour) or **high quality photograph** (unedited) of your painting including the backside to [sl.nutritionssociety@gmail.com](mailto:sl.nutritionssociety@gmail.com), **WhatsApp or Viber to 071 815 4005** **on or before 31<sup>st</sup> July 2020.**
- ✚ **Winners will be notified to send their hard copy of the painting later.**  
Please contact **Ms. Hasanga Rathnayake**, Council member of NSSL through **071 8154005** or **077 9120130** for more details.  
*Final decision will be taken by the NSSL and MOE*

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